

SmartMeal Chocolate (15 servings)

Stock Number: 3084-4

Benefits:

- Provides 15 grams of protein plus essential amino acids.
- May help contribute to a feeling of fullness.
- Supports cardiovascular health.
- Contains nutrients for energy.
- Provides 35% of the recommended Daily Value for 18 vitamins and minerals.

How It Works:

SmartMeal Nutritional Shake Mixes give you a delicious, healthful drink that's only 130–140 calories and chock full of nutrients to vitalize your body and give you energy. As you reduce the calories you consume daily, and especially if you increase your activity level, your weight goes down. SmartMeal contains 2 grams of dietary fiber per serving, plus cold-pressed, organic flax seed to help contribute to a feeling of fullness. Protein may also help curb appetite.

Ingredients:

Protein matrix (soy protein isolate, pea protein isolate, golden chlorella protein), sugar cane, sunflower oil, natural flavor, vegetable fiber (chicory inulin), cold-pressed organic flax seed, medium-chain triglycerides, calcium phosphate, stevia extract, potassium citrate, xanthan gum, guar gum, sodium caseinate (from milk), magnesium oxide, magnesium amino acid chelate, ascorbic acid, d-alpha tocopherol, sodium chloride, sodium selenate, biotin, niacinamide, soy lecithin, vitamin A palmitate, zinc citrate, copper citrate, d-calcium pantothenate, manganese citrate, ergocalciferol, folic acid, potassium iodide, pyridoxine hydrochloride, riboflavin, thiamin hydrochloride, sodium molybdate, cyanocobalamin and chromium polynicotinate.

Recommended Use:

Mix 2 level scoops of powder in approximately 8 oz. of water or milk, or to taste, then shake and enjoy. Blend with your favorite fruits for a unique flavor, or add supplements like fiber for more nutritional benefit.

Product Variations:

- SmartMeal Chai (15 servings) Stock Number: 3086-2
- SmartMeal Vanilla (15 servings) Stock Number: 3085-8

How to Order

Order online at www.naturessunshine.com or call 1-800-453-1422. Become a Member and save up to 40%. Get a 1 year free membership with a \$40 purchase.



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